



One lady resident said Wales is my home and that's from me.

Another lady resident said everything is good can't you see.

A member of staff said what about the beautiful scenery.

Another member of staff said it's a warm hearty country.

A gentleman resident said Wales means the world to me.

A lady resident said, my roots, my family its where I feel free.

Then 3 other residents all said Wales is my home.

And one lady said, rugby, singing its where I come from.

Residents at a Welsh
care home



Home Town

**Down in the land
Where the daffodil grows
Where your neighbour is someone
Who everyone knows
Where shopkeepers know
Their customers by name
And children in uniform
All looking the same
Where dragons lay nesting
In caves long forgot
Soon to be known
As the Kingdom of Splot
And men go digging
Deep underground
To bring up the fuel
To earn a few pound
The land of song
Over the hill, mounts and shales
Oh I am so proud
To be coming from Wales**

Residents at Trem y
Glyn



The Welsh Valleys

Daffodils of yellow gold and white.

Deep in the Welsh valley.

A beautiful sight.

Men underground in mines so black.

Digging for coal to put into sacks.

Fear for lives when down on those tracks.

Up the men come from the dark pit below.

Up to the valley where daffodils grow.



What Makes Wales Special...?

**Wales represents the green grass of home,
The land of our fathers, regardless of how far we roam.
The coal mines, the steelworks, the language and sheep...
Saint David and castles, the history is steep.**

**The people of Wales are friendly and proud
And we sing our anthem with pride, very loud.
We follow the rugby and a nation unites.
We've seen moments of greatness and grand slam delights.**

**Snowdonia mountain, waterfalls and caves,
Make Wales so attractive and tourists all crave.
Sheep line the mountains that lead to the valleys.
Where the roads keep bending, which is why Wales holds
rallies.**

**This is a peek of the wonders of Wales,
The place we call home full of stories and tales
Where pride is a plenty and bravado persists
We are proud of our heritage and of this we insist.**



Eisteddfod – Year 2022

**If music be the food of life and love,
then continue to play
and bring entertainment and enjoyment
to the people of Wales.**

**Music brings much pleasure to those hearing it
and to those performing it
and we hope that it will bring rhythm
and happiness to their lives.**

**Let music from the strings of violin, double base and harp fill
Wales with harmony.**

**As people of every race join to perform and witness the
Eisteddfod in unity.**



My Wales

**Wales the land of our fathers,
Where I was born and bred,
Beautiful beaches Aberafan and Tenby,
Where many a summers I have spent,
Rolling hills and cascading waterfalls,
Mountain tops and resevoirs,**

**Food galore – welsh cakes, cockles, cawl and bana brith,
Food fit for a miner before a busy shift,
Who can forget Tom Jones, Shirley Bassey, Dylan Thomas to
name a few,**

**We have singers, actors and sporting legends too.
We have history and culture castles and cathederals
The royal mint and produce the best steel worldwide**

**Our own language, nation anthem and flag we proudly fly
Especially on match days when we sign along with pride –
Wales Wales**



**Cymry am byth
Wales for the people**

Our grass is green,

Our mountains steep,

Our rugged coast,

Our sandy beach,

Our heritage of mines and steel,

Our people proud of what it means,

When times are tough we stand tall,

Rugby singing and beer for all,

Wales forever

Residents at
Llys Y Seren



My Wales

**How green is my valley is what we used to say
The green on the trees
The bracken on the hill
To sit on the mountain
Everything so still
The blue in the sky
The grass so green
It's just a wonderful sight to be seen
People so friendly
Good morning they say
A smile and a laugh to get through the day
There are so many places in Wales to see
Why they go abroad, well, just baffles me
Our history of Wales is so exciting to see
The lakes, the rivers, the mountains, the trees
The things that some people just cannot believe
But Wales is changing in all sorts of ways
No more friendly people to say good morning, good day
The buildings are damaged and graffiti everywhere
No more to help others or even to share
The thought of our Wales getting so bad
It's really upsetting and makes us feel bad
But the children now growing can help in some way
To help Wales get better again, and proud, I should say.**



Wales



**Where Hillsides are vast,
breath-taking views that will always last
People burst with pride, for the land they call home
Wales to me is where I roam,
with a song in my heart,
it's a place where I found my sweetheart**

**It is the land of my fathers, it is special to me,
Rugby and Beer is dear to me 'Cymru am Byth' forever will be!**

**Max and Tom special they are, they glitter like gold, they'll never grow
old,
Memories made in our wonderful Wales, Rugby and song forever
belong.**

Like Max I was there when the Dragon roared,

**We scored the try and took the Grand Slam home!
Miners singing melodies, to gather coal for families**

**I adore my country with castles, leeks, and daffodils
I've never been as happy in my little part of Wales,
Wales to me will eternally be, the best place to live and always be.
'Caru ti Cymru'**

**The Residents at
Campion Gardens**



Wales



Arolygiaeth Gofal
Cymru
Care Inspectorate
Wales



Pen-blwydd

My beautiful Wales

**I thank you for the wondrous sights I see
As I walk through the woodlands and forests
I am filled one more with glee.**

**The mountains are all around me
As I stop for a while and rest
If I travelled the world
I'd come back to the place that I love the best**

Duffryn Ffrwd Manor



Our Home – Ein Cartref

**In the vastness of the british Isles,
A small piece of land always makes me smile.
The beauty of the land ne'er fails,
It's My homeland My Precious Wales.**

**A nation that's' small but a nation that's mighty,
Forget the rest of dear old blighty.
It's people have had a harsh existance,
But we welcome strangers not keep a distance.**

**A land that's built on sweat and grit,
Where colliers toiled, down that black old pit.
And when they arise from that dark recess,
To see the light of the sun, and God they bless.**

**Now the mines have gone the land is Green.
The beauty of the valley's, a sight to be seen.
From the Gower coast to Snowdon's Peak,
Hearty Welsh cawl, Made from lamb & leak.**

**A nation that's humble a nation that's brave,
We fight for our country from cradle to grave.
With passion and Hwyl with dragons and fables,
We Love our heritage, and our home Green Gables**



Why the Rhondda Valleys??

**I sometimes get asked, why don't you emigrate?
The weather is so wet here, and abroad its always great.
Here it is cold and some mountains look black.
If I was you, I'd move away and I'd never look back.**

**I reply with a nod and agree it's not for all,
But these valleys were my playground ever since I was small.
The rain we played in never bothered us a bit,
The wet black mountains full of coal we would still sit.**

**The rain fed the grass along the beautiful hill
That's one of the reasons I live here still.**

**My love of our heritage, the miners and the song,
The Green Green Grass of home, we would all just sing along.**

**So yes, its warmer abroad as you say.
But the love of being Welsh lights a fire in me all day.
So, I will stick to the rain and the big grey cloud,
For being Welsh, I will always be PROUD!**



What does Wales mean to ME...

**Wales is my Homeland,
The place I want to be,
The place where the daffodils
Can, roam free**

**The valleys full of sunshine
For everyone to see,
The leek and daffodil so colourful,
It's a joy for you and me**

**There is so much greenery
For everything to grow,
And if you've never been there
How will you ever know?**

**The hills and vales are endless,
And if you spare the time,
You can walk for many miles
Without a single crime**

**Sheep are safely grazing
Merrily along the way,
If I could get the wool from them
It would certainly make my day**

Continued...



What does Wales mean to ME...

**Cause I have a crochet hook,
I use from time to time,
I'd make myself a blanket,
Of wool so Welsh and fine**

**I've met so many people
Both near and far in Wales,
And wager they can tell you,
So many different tales**

**Our land is filled with mystery,
With legends and tales to tell,
Of Romans and their history,
Which we should learn to sell**

**So, Wales is my Homeland
I'll shout it loud and clear,
To people who can visit
A land that is so dear**

**Some people don't seem to realise,
How much the blind would give,
If they could see our great countryside,
In which we find pleasure to live**

Continued...



What does Wales mean to ME...

**Some go abroad, "it's better" they say,
Than to stay in our Land of Song,
But what they will regret one day,
Is when it all goes wrong**

**On return, they count the cost,
Of what they had to pay,
But a lesson is soon learnt,
One which is full of dismay**

**So, if you go on holiday,
Abroad, somewhere, and it fails,
Be thankful you have somewhere special,
Like, our fresh countryside of Wales**

**We've been to the Scottish Highlands,
But a picture was never seen,
That's anything like our Welsh countryside,
Forever a nice shade of green**

**We've also seen London and Margate,
Of these I have a few tales,
But you don't get a friendly atmosphere,
Like you have when you return to Wales**

Continued...



What does Wales mean to ME...

**We're just back from Malvern and Worcester,
And I think how lucky we've been,
That we went to see so many places,
From a land that's pleasant and green**

**So, If I never travel again,
Anywhere else from Wales,
I have seen enough for now,
Of the land of hills and vales**

Eleanor Hodson House
Nursing Home



Anne's story

I have always lived in Wales and can remember being chosen and rehearsing for the Eisteddfod.

**We had verses to recite and Welsh folk dancing to perform.
I had the part of one of the boys! No dress for me!**

I wore black trousers down to the knees, a white shirt and a black bow tie.

The best part was winning the contest at the Eisteddfod!

We celebrated all the way home on the bus with fish and chips and a can of coke.

Trem y Glyn



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Trem y Glyn



**Dechreuodd Cofid
Stopiodd ein bywyd
Ond ddim I ni
Gofalwyr yw'r Gorau!
Mae pobl yn marw
Dagrau yn cwmpo
O gwmpas celwyddau
Ond nid y gofalwyr!
Colomen wen, heddwch a chariad
Swnio'n ddramatig
Mae'n wir, weles i
Tra'n segur trwy'r ffyrlo
Netfflics a'r radio
Yn gofalu am y gorau tra'n gwisgo PPE
Mae'n wir, weles i
Dechreuodd Cofid a chariwn ymlaen
Wnath bywyd dim stopio
Gofalwyr yw'r Gorau!**